



**Rotary**  
*PEOPLE of ACTION*



# Sudden Cardiac Arrest can strike anyone, anywhere, anytime

**Rotary is working with Heart of the Nation to give our community the tools it needs to fight back!**

There are 3 simple steps that we can undertake to help win the fight against sudden cardiac arrest.



Having just turned 48 years old, Greg Page, original Yellow Wiggle, thought he was fit and healthy. However, the very next day he suffered a sudden cardiac arrest that would have taken his life if not for the quick thinking of bystanders, and the fact that they had access to each link in the Chain of Survival.

Greg's life was saved because of the Chain of Survival - but tragically, for around 90% of people who suffer a sudden cardiac arrest, they do NOT survive - on reason why the survival rate is so low, is because they do not have access to a strong Chain of Survival. Greg now volunteers his time for Heart of the Nation - a charity he started to increase awareness and availability of the Chain of Survival, helping ensure more people can survive THEIR sudden cardiac arrest. An AED is often the missing the link, but Rotary is working to change that!



The Chain of Survival is made up of 3 simple links that anyone can - without the need to be First Aid Trained or qualified.

Step 1 - If a patient is not responding - CALL 000 and send for an AED.

Step 2 - If the patient is not breathing normally, or at all - start CPR.

Step 3 - Use the AED to shock the patient - it will talk you through what to do - just follow its instructions.

For more details of the items and the donation program, head to [www.heartofthenation.com.au/rotary9510-donate](http://www.heartofthenation.com.au/rotary9510-donate)



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# Let's work together

and help protect our communities against sudden cardiac arrest



For every one of these items sold via Rotary, Heart of the Nation will give back to our club...

Item	Retail Price	Donation to Rotary
Heart of the Nation Communities Program - WALL mounted cabinet	\$2959	\$250
Heart of the Nation Communities Program - FLOOR standing cabinet	\$3329	\$250
Floor Standing Cabinet	\$ 890	\$ 80
Wall Mounted Cabinet	\$ 396	\$ 35

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