



Rotary
PEOPLE of ACTION



Sudden Cardiac Arrest can strike anyone, anywhere, anytime.

Rotary is working with Heart of the Nation to give our community the tools it needs to fight back!

There are 3 simple steps that we can undertake to help win the fight against Sudden Cardiac Arrest.



Having just turned 48 years old, Greg Page, original Yellow Wiggle, thought he was fit and healthy. However, the very next day he suffered a sudden cardiac arrest that would have taken his life if not for the quick thinking of bystanders, and the fact that they had access to each link in the Chain of Survival.

Greg's life was saved because of the Chain of Survival - but tragically, for around 90% of people who suffer a sudden cardiac arrest, they do NOT survive. One reason why the survival rate is so low is because most people do not have access to a strong Chain of Survival. Greg now volunteers his time for Heart of the Nation - a charity he started to increase awareness and availability of, the Chain of Survival - helping ensure more people can survive THEIR sudden cardiac arrest. An AED is often the missing the link, but Rotary is working to change that!



The Chain of Survival is made up of 3 simple links that anyone can do - without the need to be First Aid Trained or qualified.

Step 1 - If a person is not responding - CALL 000 and send for an AED.

Step 2 - If the person is not breathing normally, or at all - start CPR.

Step 3 - Use the AED to shock the person - it will talk you through what to do - just follow its instructions. It won't harm them or you!

For more details of the items and the donation program, head to www.heartofthenation.com.au/rotary9510



HEART
OF THE
NATION

Rotary
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Let's work together

**and help protect our communities
against sudden cardiac arrest**

Every Rotary purchase results in Heart of the Nation making a donation to our local club.



Purchase one of our Community Packages and **SAVE!** You'll receive an AED, tracking technology, and an outdoor cabinet. By making it accessible to the public 24/7, you'll ensure it's available when it's needed most.

By using tracking devices, your AED can be kept secure and connected to the Heart of the Nation app. This ensures that it can be located by anyone who may urgently require its services.



Heart of the Nation's high-visibility yellow cabinets are distinguishable from other equipment, such as first aid cabinets or fire equipment. Additionally, the cabinets come equipped with an audible siren to alert individuals in case of an emergency.

For more details of the items and other initiatives, head to www.heartofthenation.com.au/rotary